

Wavendon Gate School Physical Education Overview

Both units in Autumn 2 and Summer 2 are able to be taught outdoors if needed. This is due to hall time being utilised for Christmas/end-of-year productions. This also applies in Summer 1 (except for Dance and Badminton).

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Movement Jumping	Dance-DDMIX Seasons	Gymnastics High, low, over, under	Ball Skills Hands 1	Ball Skills Feet 1	Athletics Sports Day Practice
Year 1	Gymnastics Wide and Narrow, Curled	Ball Skills Hands 1	Dance-DDMIX Aboriginal dance	Gymnastics Body Parts	Team Building Cooperation	Games for Understanding Practice Through Games
	Locomotion Running	Ball Skills Feet 1	Ball Skills Hands 2	Locomotion Jumping	Ball Skills Rackets, Bats and Balls	Athletics Sports Day Practice
Year 2	Gymnastics Pathways	Ball Skills Hands 1	Dance-DDMIX Lumberjack hoedown	Gymnastics Linking	Team Building Cooperation	Games for Understanding
	Locomotion Dodging	Ball Skills Feet	Ball Skills Hands 2	Locomotion Jumping	Ball Skills Rackets, Bats and Balls	Athletics Sports Day Practice
Year 3	Gymnastics Symmetry and Asymmetry	Boccia Accuracy and Inclusion	Dance-DDMIX African dance Indoor	Gymnastics Canon and Unison	Athletics Running at Different Distances	Rounders Striking and Fielding
	Netball Passing and Shooting	Communication and Tactics Teamwork	Football Movement and Marking	Handball Gameplay and Teamwork	Tennis Striking and Returning	Athletics Sports Day Practice
Year 4	Gymnastics (Bridges) Shapes and Balances	Dodgeball Throwing and Accuracy	Gymnastics Levels and Direction	Dance-DDMIX Disco	Badminton Striking and Returning	Cricket Striking and Fielding
	Basketball Passing and Shooting	Orienteering Teamwork and Problem	Hockey Attack and Defence	Tag Rugby Movement and Teamwork	Athletics Throwing and Jumping	Athletics Sports Day Practice
Year 5	Gymnastics Counter Balance and Tension	Boccia Accuracy and Inclusion	Swimming- 5A Dance-DDMIX Line Dance and Hand Jive 5B	Swimming- 5A Gymnastics Flight 5B	Swimming- 5B Dance-DDMIX Line Dance and Hand Jive 5A	Swimming- 5B Rounders Striking and Fielding Outdoor - 5A

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	Netball Passing and Shooting	Communication and Tactics Teamwork	Football Movement and Marking	Handball Gameplay and Tactics Outdoor	Tennis Striking and Returning Outdoor	Athletics Sports Day Practice
Year 6	Gymnastics Matching and Mirroring	Dodgeball Throwing and Accuracy	Gymnastics Creating Sequences	Dance-DDMIX Bollywood Dance	Badminton Striking and Returning	Cricket Striking and Fielding
	Basketball Passing and Gameplay Tactics	Orienteering Teamwork and Problem Solving	Hockey Attack and Defense	Tag Rugby Movement and Teamwork	Athletics Throwing and Jumping	Athletics Sports Day Practice