



## Wavendon Gate School Physical Education Overview

Both units in Autumn 2 and Summer 2 are able to be taught outdoors if needed. This is due to hall time being utilised for Christmas/end-of-year productions. This also applies in Summer 1 (except for Dance and Badminton).

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<b>Movement</b> Jumping	<b>Dance-DDMIX</b> Seasons	<b>Gymnastics</b> High, low, over, under	<b>Ball Skills</b> Hands 1	<b>Ball Skills</b> Feet 1	<b>Athletics</b> Sports Day Practice
Year 1	<b>Gymnastics</b> Wide and Narrow, Curled	<b>Ball Skills</b> Hands 1	<b>Dance-DDMIX</b> Aboriginal dance	<b>Gymnastics</b> Body Parts	<b>Team Building</b> Cooperation	<b>Games for Understanding</b> Practice Through Games
	<b>Locomotion</b> Running	<b>Ball Skills</b> Feet 1	<b>Ball Skills</b> Hands 2	<b>Locomotion</b> Jumping	<b>Ball Skills</b> Rackets, Bats and Balls	<b>Athletics</b> Sports Day Practice
Year 2	<b>Gymnastics</b> Pathways	<b>Ball Skills</b> Hands 1	<b>Dance-DDMIX</b> Lumberjack hoedown	<b>Gymnastics</b> Linking	<b>Team Building</b> Cooperation	<b>Games for Understanding</b>
	<b>Locomotion</b> Dodging	<b>Ball Skills</b> Feet	<b>Ball Skills</b> Hands 2	<b>Locomotion</b> Jumping	<b>Ball Skills</b> Rackets, Bats and Balls	<b>Athletics</b> Sports Day Practice
Year 3	<b>Gymnastics</b> Symmetry and Asymmetry	<b>Boccia</b> Accuracy and Inclusion	<b>Dance-DDMIX</b> African dance Indoor	<b>Gymnastics</b> Canon and Unison	<b>Athletics</b> Running at Different Distances	<b>Rounders</b> Striking and Fielding
	<b>Netball</b> Passing and Shooting	<b>Communication and Tactics</b> Teamwork	<b>Football</b> Movement and Marking	<b>Handball</b> Gameplay and Teamwork	<b>Tennis</b> Striking and Returning	<b>Athletics</b> Sports Day Practice
Year 4	<b>Gymnastics</b> (Bridges) Shapes and Balances	<b>Dodgeball</b> Throwing and Accuracy	<b>Gymnastics</b> Levels and Direction	<b>Dance-DDMIX</b> Disco	<b>Badminton</b> Striking and Returning	<b>Cricket</b> Striking and Fielding
	<b>Basketball</b> Passing and Shooting	<b>Orienteering</b> Teamwork and Problem	<b>Hockey</b> Attack and Defence	<b>Tag Rugby</b> Movement and Teamwork	<b>Athletics</b> Throwing and Jumping	<b>Athletics</b> Sports Day Practice
Year 5	<b>Gymnastics</b> Counter Balance and Tension	<b>Boccia</b> Accuracy and Inclusion	<b>Swimming- 5A</b>	<b>Swimming- 5A</b>	<b>Swimming- 5B</b>	<b>Swimming- 5B</b>
			<b>Dance-DDMIX</b> Line Dance and Hand Jive 5B	<b>Gymnastics</b> Flight 5B	<b>Dance-DDMIX</b> Line Dance and Hand Jive 5A	<b>Rounders</b> Striking and Fielding Outdoor - 5A



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	<b>Netball</b> Passing and Shooting	<b>Communication and Tactics</b> Teamwork	<b>Football</b> Movement and Marking	<b>Handball</b> Gameplay and Tactics Outdoor	<b>Tennis</b> Striking and Returning Outdoor	<b>Athletics</b> Sports Day Practice
<b>Year 6</b>	<b>Gymnastics</b> Matching and Mirroring	<b>Dodgeball</b> Throwing and Accuracy	<b>Gymnastics</b> Creating Sequences	<b>Dance-DDMIX</b> Bollywood Dance	<b>Badminton</b> Striking and Returning	<b>Cricket</b> Striking and Fielding
	<b>Basketball</b> Passing and Gameplay Tactics	<b>Orienteering</b> Teamwork and Problem Solving	<b>Hockey</b> Attack and Defense	<b>Tag Rugby</b> Movement and Teamwork	<b>Athletics</b> Throwing and Jumping	<b>Athletics</b> Sports Day Practice